

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## Liezl du Plooy

Has successfully participated & completed the

12km Opti-Trail - Grabouw

held at Trails End .

## **TIME** 01:09:31

**PACE** 05:46/km **OVERALL** 1 of 4

09 November 2019, Sat

outTime

**GENDER** 1 of 2

14 - 19 1 of 1

Signature

Date